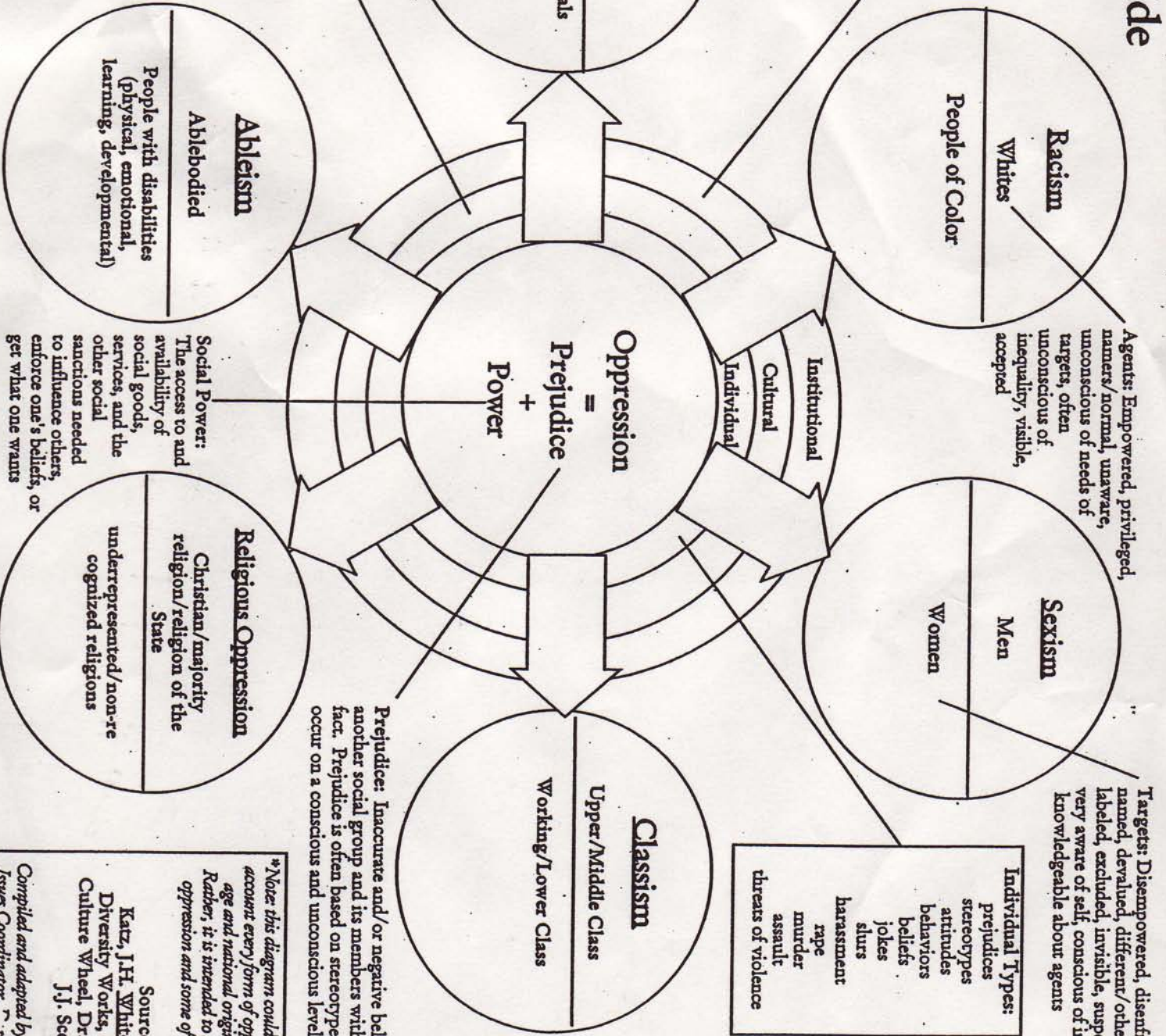


Understanding Oppression

... a quick guide

Institutional Types:
 housing
 accessibility
 employment
 education
 media
 health services
 government
 legal system
 law enforcement
 religious system
 family system
 taxation system
 welfare system

Cultural Types:
 values
 standards of beauty
 language
 TV/movies
 arts/music
 publications
 religion
 concept of family
 societal values/norms
 dress
 orientation to time
 relationship to work
 historical events
 traditions/celebrations
 communication style
 epistemology



**Note: this diagram could not possibly take into account every form of oppression (for example, age and national origin are not discussed) Rather, it is intended to show the systems of oppression and some of its manifestations.*

Sources:
 Katz, J.H. White Awareness
 Diversity Works, Amherst, MA
 Culture Wheel, Dr. Bailey Jackson
 J.J. Scott

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